

What I Carry on an Endurance Ride

- cell phone: in a slim runners belt around my waist (always want to have the phone on your body in case of accident or if horse departs)...(sold at Walmart) also include in pack your personal contacte/emergency info on a card

- EasyCare neck Ditty: holds my ride card, chapstick, ride map and essential meds (tylenol, pepto..etc.) ...sold at Distance Depot

- EasyCare EasyBoot bag: holds one or two easyboots in case your horse looses a shoe, also hoof pick, muellers sports tape or vet wrap (to help secure boot fit if it is too loose)

Saddle bags: cantle and/or pommel bags, I like the ones with two water bottle holsters: sold at all endurance equipment websites...inside the saddle bags I pack the following:

- zip ties: to fix tack malfunctions etc.

- sunscreen

- plastic refillable water bottles: I mix electrolytes with my water, Emergen-C is good, you can also buy electrolyte drops at sporting goods store

- energy bar: power bar or cliff bars are good

- treat for the horse: the Pro-Bio biscuits for horses are great and compact... or carrots

- Electrolytes for horse: I carry mine pre-mixed in a small plastic bottle along with a syringe, syringe is also useful for rinsing out horse's mouth after electrolyting... or you can pre-load your syringes and cap the ends with the red electric caps found in hardware stores

- leatherman all purpose tool

- desitin: apply to galls or rubs on horse or person

- lightweight packable rope halter: Sky's Skinny halters makes ones that compact to size of your palm

- some type of compact lead line or dog leash

- combination whistle/compass: good for signaling for help

- a pressure bandage "kit" consisting of a large sanitary napkin, ace bandage and roll of vet wrap

Snapped to saddle: a sponge on a string and a soft fabric collapsible water scoop

Attached to the horse's halter: a dog tag engraved with your contact info